

Let's go for a walk  
in the  
**Tamar Valley**

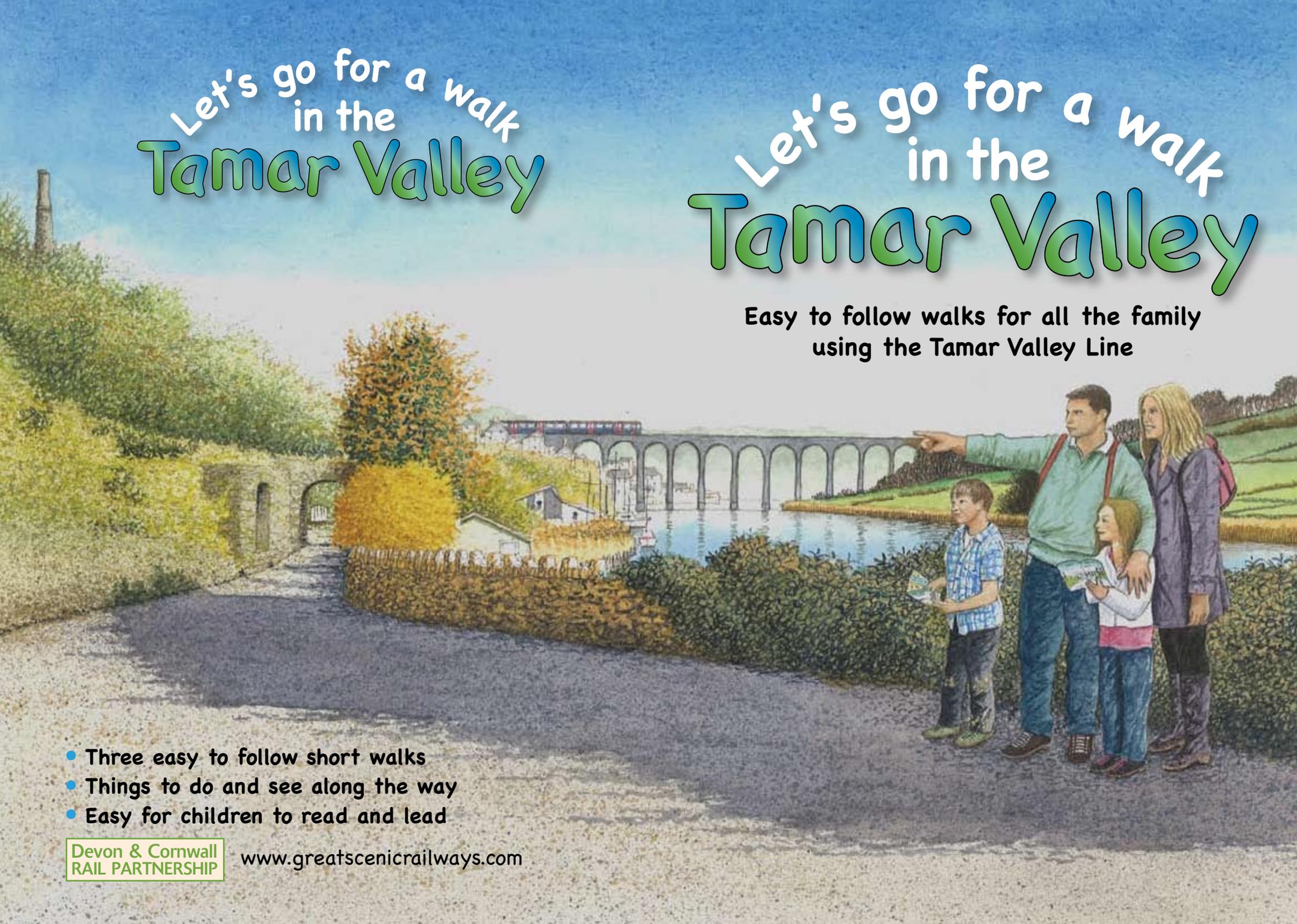
Let's go for a walk  
in the  
**Tamar Valley**

Easy to follow walks for all the family  
using the Tamar Valley Line

- Three easy to follow short walks
- Things to do and see along the way
- Easy for children to read and lead

Devon & Cornwall  
RAIL PARTNERSHIP

[www.greatscenicrailways.com](http://www.greatscenicrailways.com)



# Let's go for a walk in the Tamar Valley

Welcome to the beautiful Tamar Valley, an Area of Outstanding Natural Beauty, and it really is!

In this book you will find 3 easy to follow walks from railway stations which you can take your whole family on.

There is a lot to see and on each walk there are lots of interesting things to look out for and to find.

## Rail Information

Trains run all year, 7 days a week on the Tamar Valley Line. You can catch the train from Plymouth or Devonport, Dockyard, Keyham or St Budeaux out to the Tamar Valley.

Tickets can be bought at Plymouth station or on the train if you get on at one of the smaller stations.

A GroupSave ticket allows 4 people to travel for the price of 2 Adult Off Peak Day Return fares. Children between 5 and 15 travel half price, under 5s go free.

For train times and fares contact National Rail Enquiries on 08457 48 49 50 or visit [www.firstgreatwestern.co.uk](http://www.firstgreatwestern.co.uk)

This book belongs to .....

## What to wear...

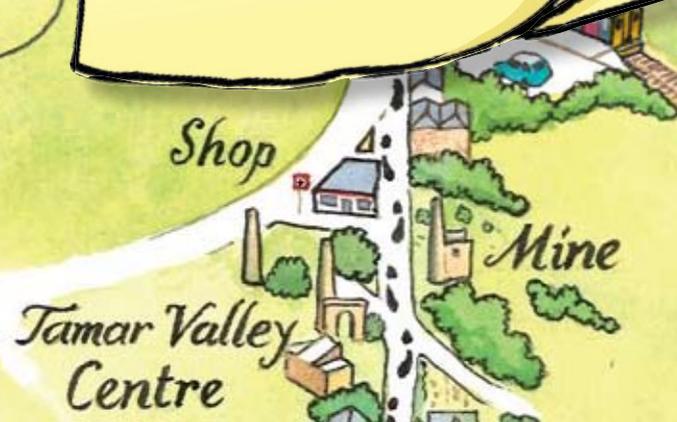
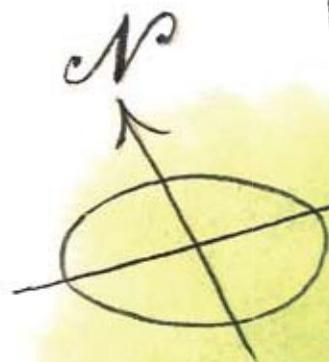
- warm waterproof clothes
- strong boots or shoes that you don't mind getting muddy
  - like wellington boots

## What to remember...

- food for a picnic
- money for the train fare
- train timetable
- drinks
- pen or a pencil

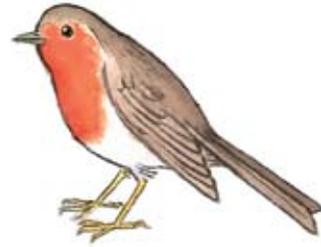
## Always remember the Country Code...

- close all gates
- keep dogs under control
- take your litter home
- protect wildlife, plants and trees
- take care on country roads



# Walk One

## Calstock Station to Cotehele Estate



**Distance** - approximately 3 miles

**Time** - 3 hours

**Easy** - mainly flat walking, one steep hill

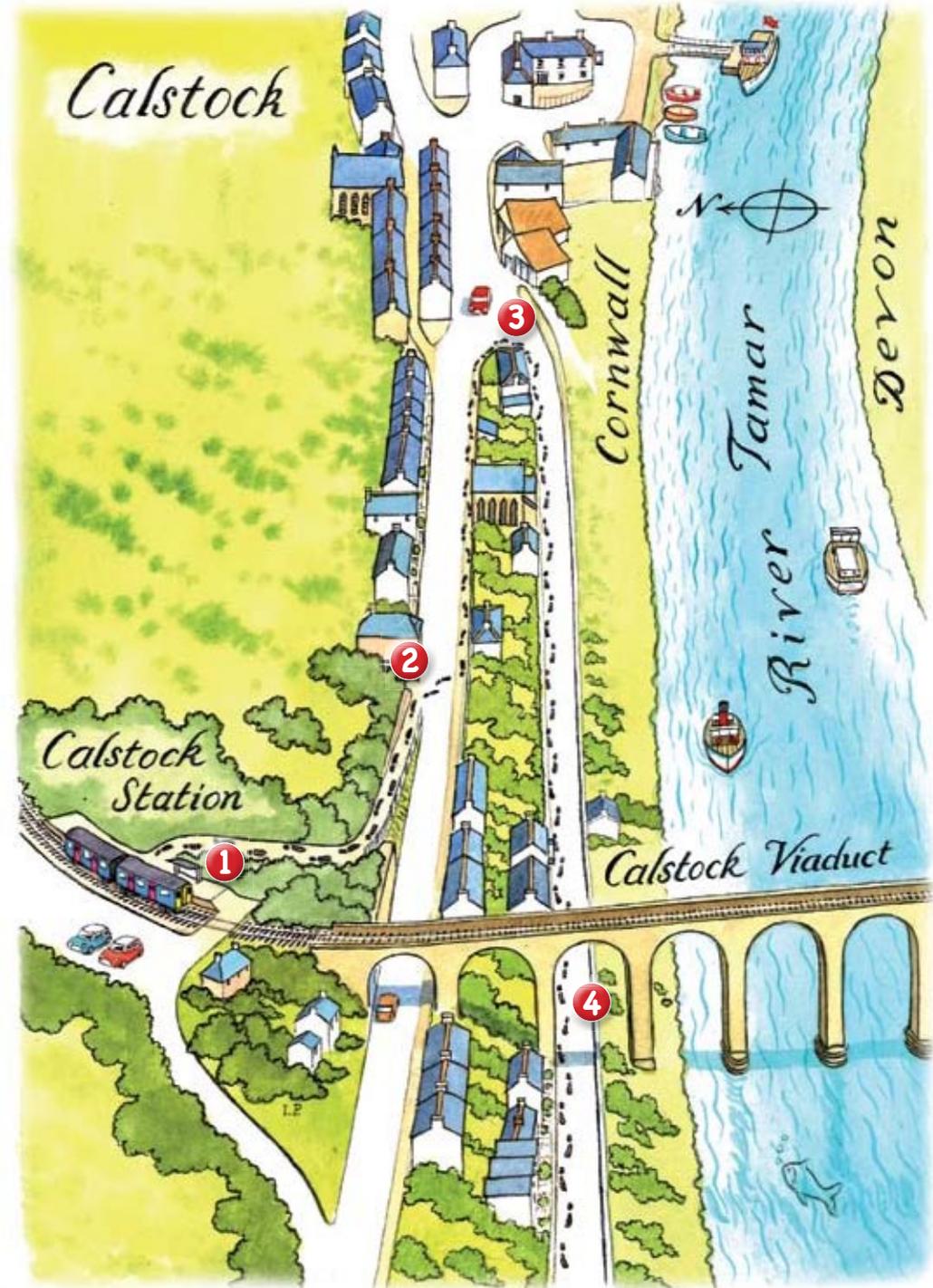
**Starting Point** - Calstock Station

1. Your walk starts from Calstock Station. Standing on the station walk downhill towards the main road.
2. Cross over the road to the other side where there is a thin pavement. Be careful and watch out for cars!
3. Walk to the end of the road until you see the river, turn right here where you see the sign pointing to Cotehele.
4. Walk along this road, which will take you under the massive viaduct.

**How many arches can you see?** .....

**What do you think it is made of?**

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- Keep walking past the boatyard and soon you will see a lovely old house on a corner. This house was once the **Danescombe Hotel**.

Look at the lovely views it has. Can you imagine living here? Think of some words to describe what it would be like...

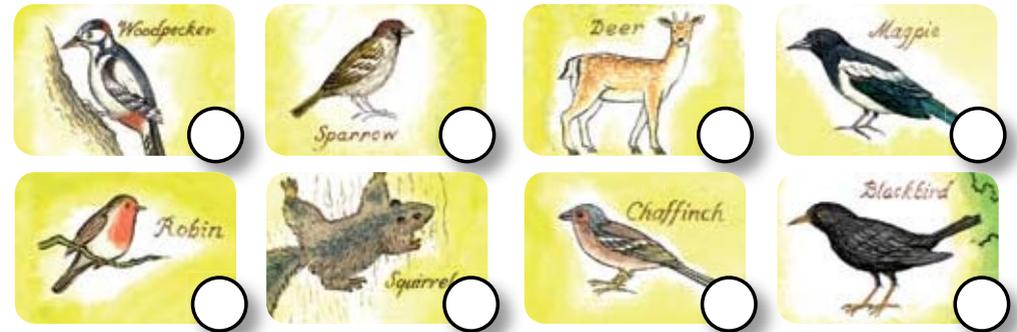
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- Keep walking until you see some cottages on your right, then you will see the track splits.
- Take the left one up quite a steep hill.

The woods here are full of wildlife. Can you spot any of these?



- Keep walking up the hill until another split in the track where you will see 2 sign posts.
- Now you have a choice - if you want to go to Cotehele House and Gardens take the right track (you have to pay to get in!). If you want to walk to the quay and explore down there, take the left track.

10. If you take the left track this will take you past the Old Chapel and down to the river where, if it is running, you could take the ferry back to Calstock instead of walking back.

Have a rest at the **viewpoint** and enjoy the view of the river, the viaduct and the village of Calstock.

Sometimes there is a cheeky Robin here looking for food ... if you see him why not draw him here!

11. Walk down the hill to the chapel.

Read the story outside the chapel about Sir Richard Edgcumbe. Imagine if you were being chased through these woods... how would you feel?

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12. Keep going down the hill and soon you will see the river and a car park. Walk past the car park towards the **old lime kilns**.

Lime kilns were used to produce quicklime which was spread on fields by farmers to make the soil more fertile.

13. You have reached the end of the walk!

At Cotehele Quay you can have something to eat and drink, visit the Discovery Centre and find out more about Cotehele, or you can catch the ferry back to Calstock. You can even do some more walking in the woods if you want to. Have fun!!!





## Walk Two Gunnislake Station to Calstock Station



**Distance** - approximately 3 miles

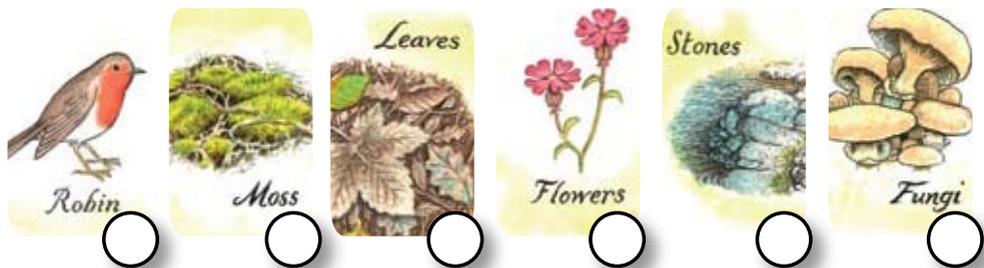
**Time** - 3 hours

**Moderate** - one stile, some hills, can be wet and muddy

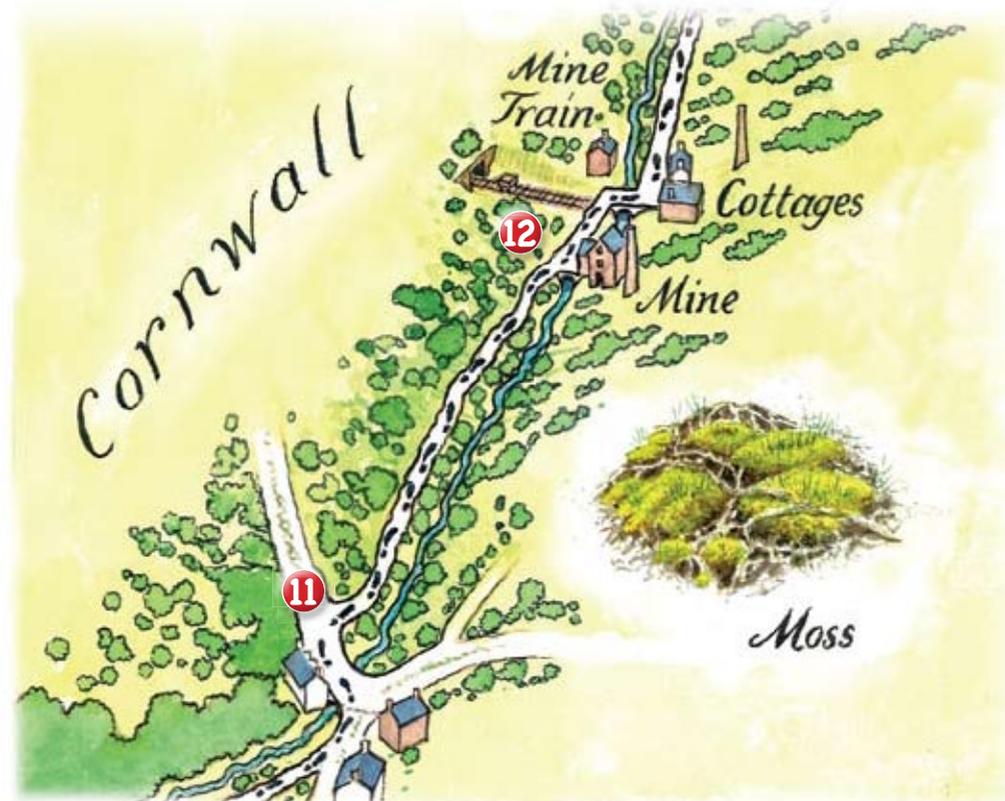
**Starting Point** - Gunnislake Station

1. From Gunnislake Station walk towards the main road and turn left up the hill towards the Nisa Local shop.
2. Keep onto the left fork of the road watching out for cars and head past the Tamar Valley Centre into the village of Albaston.
3. At the junction by the Queens Head pub, turn left and walk down the road only for a minute or so until on the right you can see a signpost which says Metherell/ Cotehele.
4. Cross over and follow this quiet road for about 10 minutes. Do watch out for cars and occasional horses!
5. As you start to go up a slight hill, you will see a gate and a field which has a Footpath to Danescombe sign, turn left into the field.
6. Be careful as you walk down this field as it is quite steep. At the bottom follow the river until you get to the stile.
7. Go over the stile, down the steps and then follow the river.

This bit of the walk is really beautiful, stop and look at everything around you - how many of these things can you see?



8. Keep following the river, in fact you have to walk through it at one point! Keep going through the wooden gate and follow the path.
9. You will pass some sheds, then a house on your right.
10. Go through the big gate, not forgetting to shut it behind you, and you will see on your left an old white cottage as you come out on the lane in Danescombe.



11. Walk just past the cottage and then take a right turn down the track where is says Footpath.
12. Keep going past the old mine on the right then the little mine train on the left.

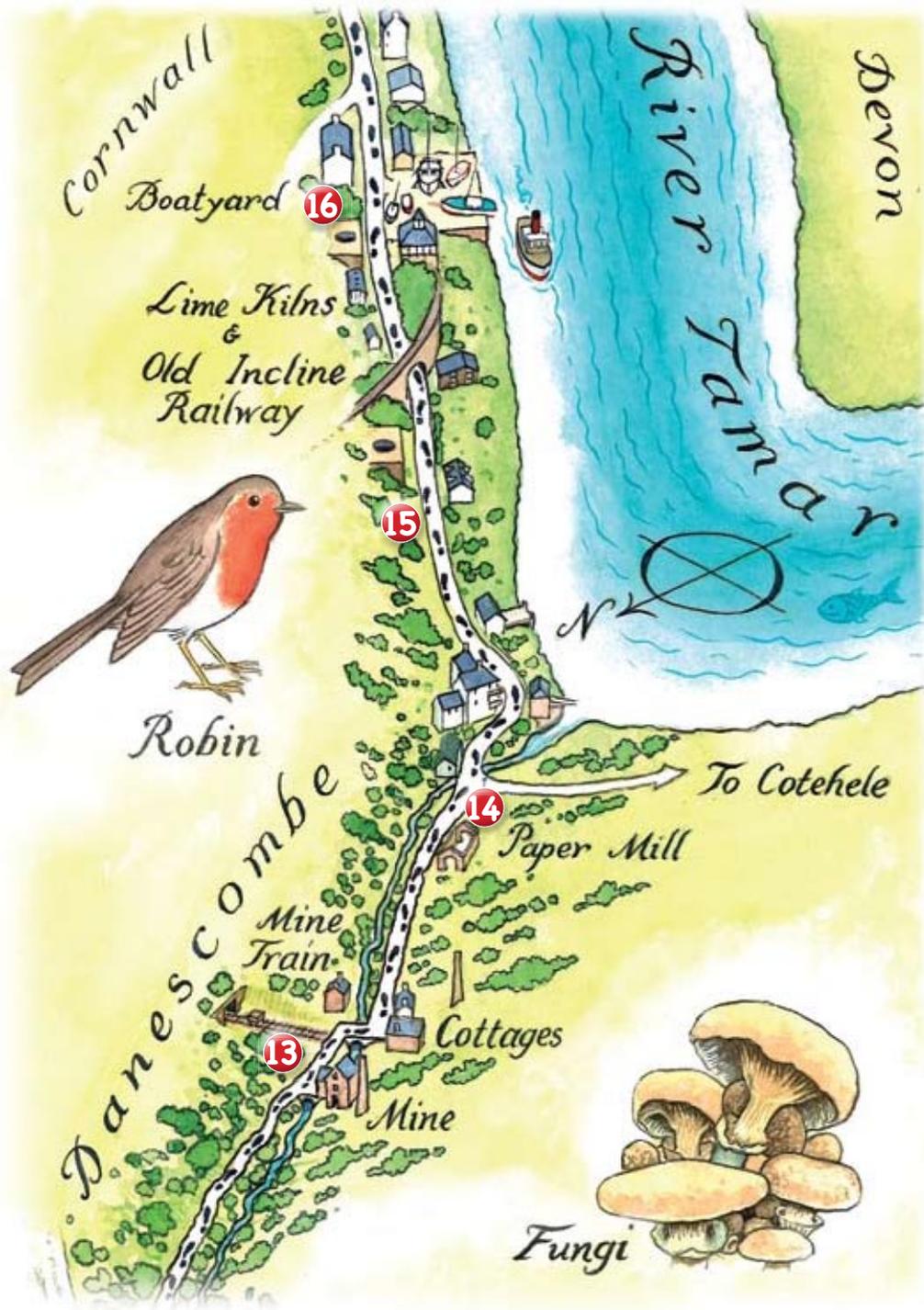
What do you think they mined around here? I wonder who lives in that dark cave now?

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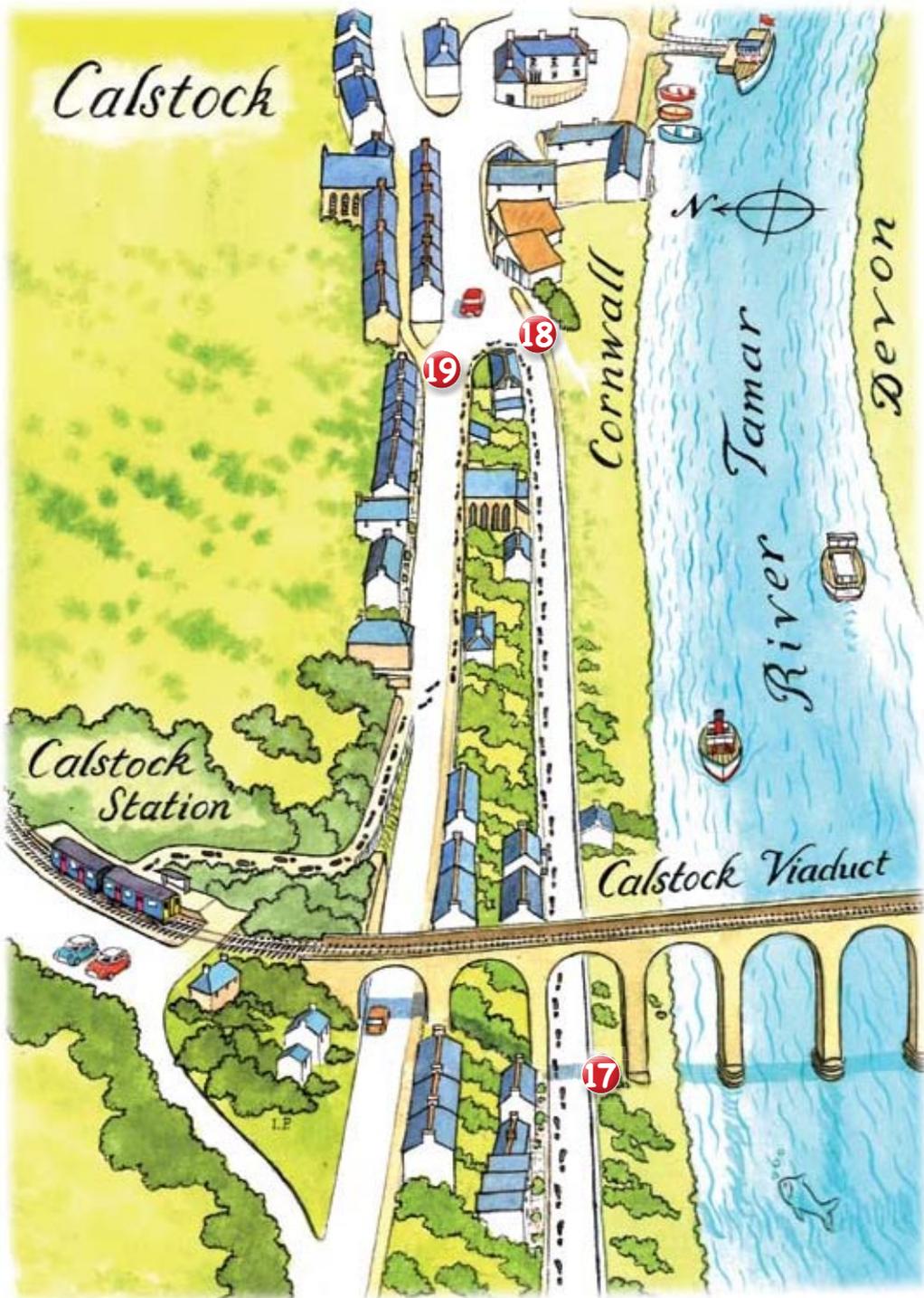
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Can you draw a picture of the mine train?

13. Keep going over the little bridge and past the two cottages and down the hill.
14. You will see a large roofless building on your right which is an old paper mill and then the track splits. Head towards the cottages and the left track.
15. Keep going on the road, watch out for cars although it is usually quite quiet.
16. Go past the boatyard and continue along the road.





17. Go under the viaduct.

Look up at the viaduct when you are under it. Think about all the work it would have taken to build it. Can you draw it here?

18. Keep going down this road where you will start to be able to see the river a bit better and the village of Calstock.

19. Finally you come to the end of the lane and you are in Calstock village.

This is a lovely village which has a shop, pub and a play area down by the river. Why not stop and have some lunch?

Turn right for the shops and pub, turn left up the hill to get to the railway station. You have finished the walk!

Well done.

# Walk Three

## Bere Ferrers Station Circular Walk



**Distance** - approximately 3 miles

**Time** - 2 hours

**Moderate** - stiles, some hills, can be muddy

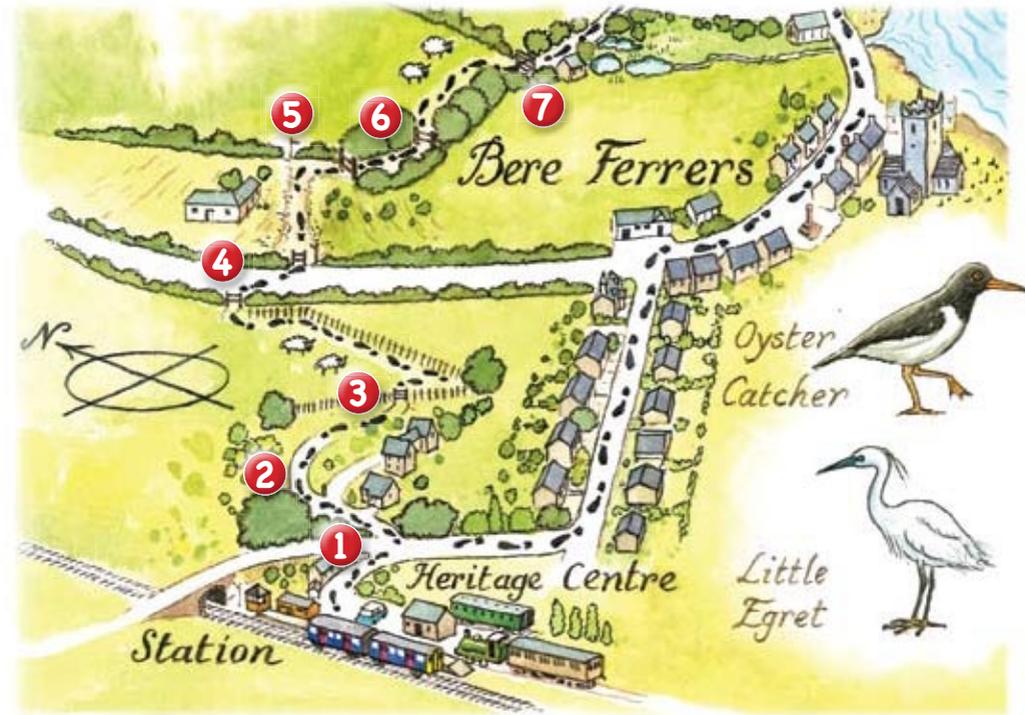
Wellington boots are recommended. Toilets and pub in the village centre, picnic area during the walk.

**Starting Point** - Bere Ferrers Station

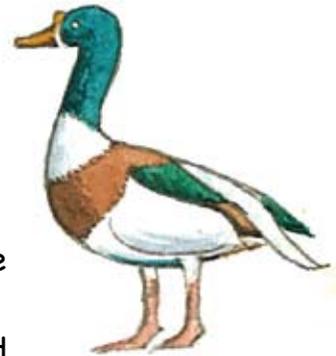
1. From Bere Ferrers Railway Station walk out of the station, over the road, and take the first left which takes you down a drive which looks like it goes into someone's garden. Don't worry, it is a footpath, although please do respect the people that live here!
2. Take the path marked 'coach house' down past the houses until you get to a gate, go through this gate.
3. If you follow the hedge to the right you will then see a path has been made through the field with wire fences on each side.

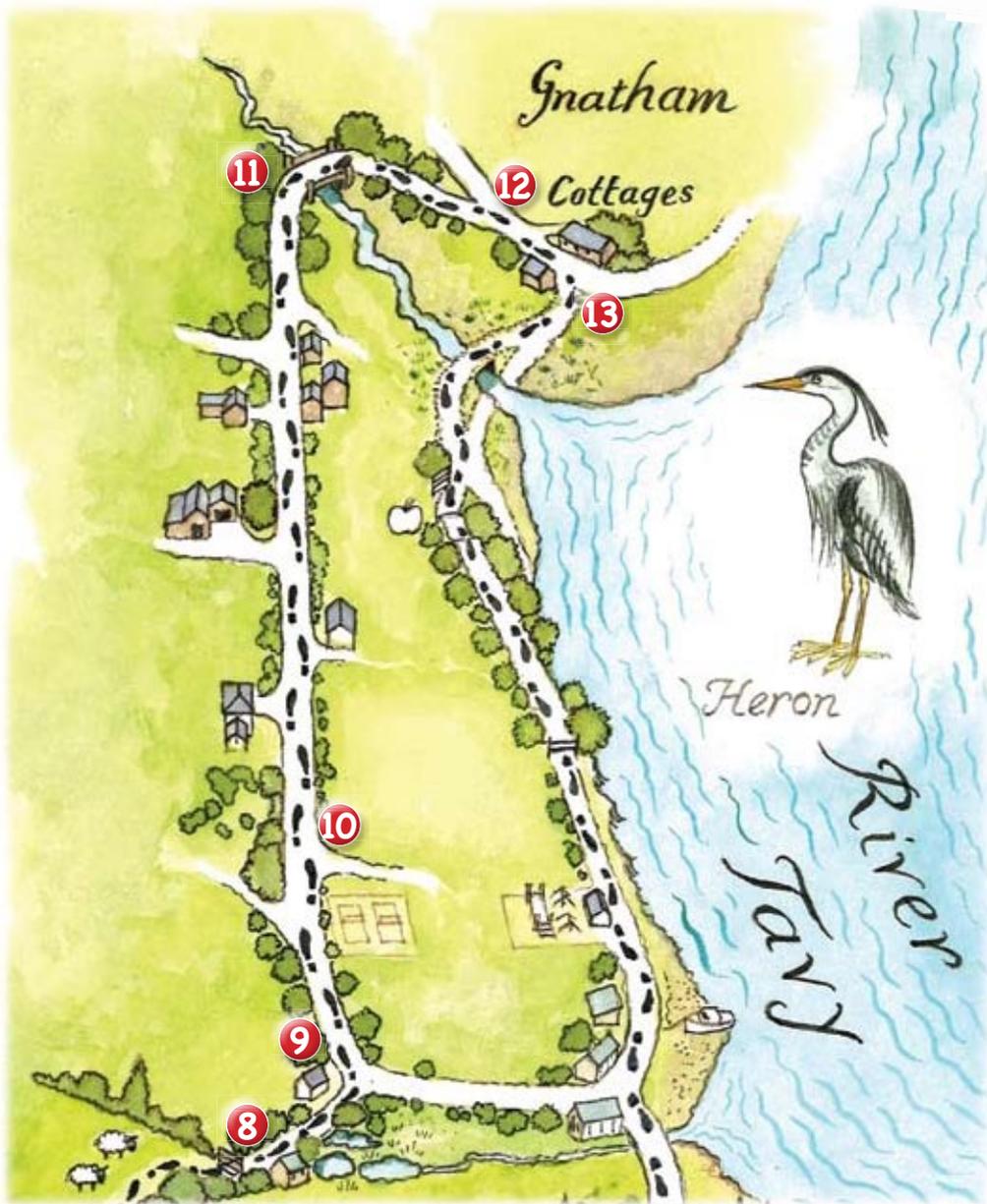
**There are usually sheep in this field, how many can you see?** .....

4. At the bottom of the field you need to climb over a stile and cross over the road into the next field. Sometimes this field can be muddy so go carefully, there's no rush!



5. Walk down the hill and up the other side of this field and then follow the path round to the right and over another stile.
6. Walk down the path until you get to another stile! Go over it and you will be in a field usually full of sheep. Keep to the right hand side of this field until you get to the gate.
7. Go through the gate and walk straight ahead, past the house on the right, towards the path.





8. Keep walking down this path which will take you past some ponds and towards a wetland area.

**Stop and listen to the birds and the bees here, this area is full of wildlife!**

9. Keep going along this track. Eventually you will come to a farmyard on your right and the track opens out on to a road. Take the left turn up the quiet road. Do look out for cars though!!
10. Walk up the road past the tennis courts and Hensbury Farm. You will see on your right some fantastic views of the river.
11. Keep going down the road and follow the signs towards Collytown and Gnatham. When you get to the bottom of the road, follow it round until you get to a bridge over the river.

**This bridge is called Pooh Sticks bridge. Have you ever played Pooh Sticks? Have a go now by throwing a stick into the river and see whose stick wins!**



12. Go over the bridge and up the hill to the right. Carry on downhill which will take you past some old abandoned cottages. In 1851 42 people lived in these, can you imagine that?
13. Turn right on to the muddy track which will now take you along the creek.

There are lots of birds to spot here;  
which of these can you see?



14. Cross over the river by the little stone bridge and head towards the green marker on the tree with an apple on it
15. Follow the path round to the left through the trees and follow the track which takes you along the river
16. As you go through the last stile along here you will notice a field on your right. There are swings and slides and a picnic area in here, a good place to stop for lunch!
17. Carry on along the track towards the village and you are almost there.
18. Walk up through the village and take the left turn towards the station and your walk is finished!

Do you know someone who would enjoy these walks?

Free books can be ordered by:

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