



Barnstaple to Home Farm Marsh

A moderate walk, mainly on tarmac along the route of the old railway to Bideford.

From the front of the station turn left and follow the signs to the South West Coast Path and Tarka Trail towards Bideford.

The path follows alongside the River Taw with Anchor Woods to your left.

Reaching Penhill keep to the cycle track towards Fremington Quay.

Fremington was once the busiest port between Bristol and Land's End with ships taking out ceramics, clay and local produce and brining in limestone and coal.

The excellent Fremington Quay café can be found here where you might want to stop to simply admire the view or, if you are peckish, some lovely homemade snacks.

MODERATE | 6.5 MILES

Line Tarka Line

Start/End Barnstaple station

Cross the old railway bridge over Fremington Creek and continue along the tarmac path.

Follow the Coast Path for about three quarters of a mile, to the gateway on the right, where there is an interpretation panel.

From here follow the waymarked route out to the estuary and around the edge of Home Farm Marsh, coming back out on the Coast Path and Tarka Trail a bit further down.

Turn left onto the cycle track and retrace your steps to Fremington Quay.

From here you can cut your walk short by turning right onto the footpath before the bridge and catch a bus at the top or cross the bridge and walk back to Barnstaple station along the cycle track.

Train times

GWR.COM

03457 48 49 50

More walks to enjoy

GREATSCENIC.COM/WALKS

All public rights of way cross private land, so please keep to paths and keep dogs on leads. Occasionally work may mean diversions are put in place. If so, please follow local signs.

These directions are intended as a guide only. It is always advisable to carry the relevant OS Map whilst out walking.

