

Paignton Harbour and Roundham Head

This very accessible walk around the centrepiece of the bay provides the walker with the colourful and varied activity of Paignton's picturesque harbour and a headland walk. Visit the pier, enjoy the promenade, and walk through the public gardens built by Welsh miners.

Leave Paignton Station and turn right on Victoria Street. Turn into Torbay Road by crossing the level crossing. Walk past the shops and take the third road on the right down Queens Road. Turn into Torbay Park and walk towards the seafront.

At the Esplanade, cross the road onto the seafront. Turn left and walk, enjoying the seafront and Paignton Sands whilst passing the pier on your right and Paignton Green on your left.

At some suitable point, retrace your steps and walk towards the harbour. Having explored the harbour, come out onto Cliff Road.



To access Roundham Head from the harbour there is a choice of routes.

The paved route, suitable for wheelchairs is via Cliff Road, whilst another more difficult but interesting approach is along the South Quay and across Fairy Cove, climbing up the steps to join Cliff Road.

As the route rounds the head itself, Goodrington Beach comes into sight and soon another choice of pathways. In order to avoid steps, keep to the top path and this will eventually bring you to Roundham Road. For those who wish to descend to the promenade below, a well constructed network of paths and steps lead the walker down over the red sandstone which gives this headland its attractive colouring.

Returning to the top of the cliff by any one of a number of routes, you join with Roundham Road and make your descent back down to the harbour. From the harbour, retrace your steps back to the station.

