

## TAKE THE TRAIN FOR A CAR-FREE DAY OUT!



LOOE RAILWAY

Why not take the train for a great day out walking the South West Coast Path?

Travel by train on the scenic Looe Valley Line to Looe then follow the directions and the map overleaf which will lead you along the coast path through some spectacular scenery to Polperro.

In Polperro take time to explore this pretty little village with its tales of smuggling and ship wrecks before catching the bus back to Looe.



POLPERRO

### RAIL INFORMATION

Looe Valley Line services run year round Monday to Saturday. The line has a Sunday service in the summer. The Looe Valley Line links to the mainline at Liskeard which has connections from London, Bristol, Plymouth and many other places.

For details of all train times and fares contact National Rail Enquiries on 08457 48 49 50 or visit [www.firstgreatwestern.co.uk](http://www.firstgreatwestern.co.uk)

### WALKING

Please remember all public rights of way cross private land, so keep to paths. Occasionally, short-term work may mean diversions are put in place. Please follow local signs if necessary. Wear sturdy shoes and sensible clothing.

### OTHER WALKS FROM LOOE STATION

#### TALLAND BAY AND THE GIANT'S HEDGE

**DISTANCE:** 7¼ MILES. **GRADE:** STRENUOUS

An inspirational walk for those who don't mind a challenge, this route takes in an important ancient boundary wall, thought to be 1200 years old, through an old oak woodland teeming with wildlife. Dropping down into Talland Bay, the path hugs the shoreline as it returns to Looe.



#### KILMINORTH WOODS

**DISTANCE:** 3¾ MILES. **GRADE:** EASY/MODERATE

A stroll through one of the largest valley oaklands in Cornwall. Look out for herons and Canada geese on the water, and sparrowhawks and peregrines overhead. Songbirds trill from the ancient oaks, and woodpeckers can be heard drilling for insects. If you're lucky you might catch a glimpse of a roe deer, or a kingfisher. Although there is some ascent and descent on this walk, only one short stretch of it is steep.



FOR OTHER WALKS ALONG THE SOUTH WEST COAST PATH GO TO [www.southwestcoastpath.com](http://www.southwestcoastpath.com)

Scan the QR codes with your smart phone to download route details for the walks.

[www.greatscenicrailways.com](http://www.greatscenicrailways.com)

Images supplied by Mark Camp at Looe TIC, ImageRail, Trevor Burrows, Simon Lewis and Ruth Luckhurst. Front cover image © Mark Lockett. All information supplied in good faith and correct at time of going to print (October 2011). No responsibility can be accepted for changes, errors or omissions.

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# WALKS FROM THE RAILWAY

## LOOE TO POLPERRO

The South West Coast Path is 630 miles of superb coastal walking around the South West Peninsula from Minehead in the north to Poole Harbour in Dorset in the east.

The walk from Looe to Polperro features rock pools on beaches, secluded coves, a 6th Century monastery, dramatic coastal scenery and pretty seaside towns and villages.

*For more information and ideas on walks along the coast path visit [www.southwestcoastpath.com](http://www.southwestcoastpath.com)*



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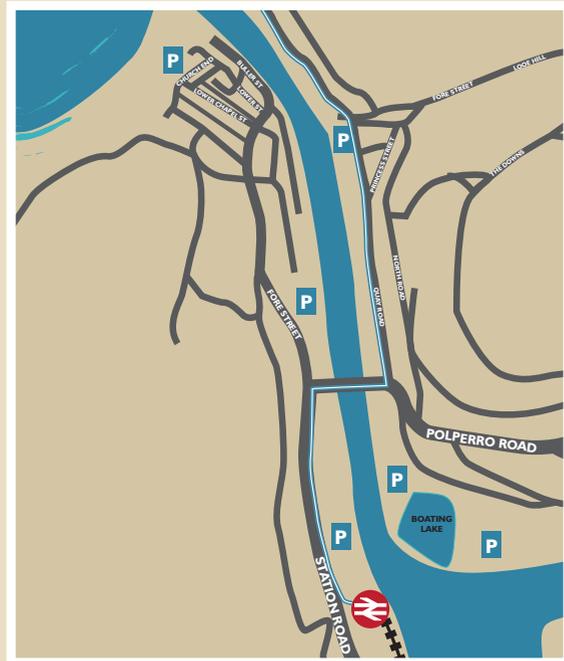
# LOOE TO POLPERRO

Distance - 5 ½ miles  
(2 ½ hours approx.)

Grade - Moderate

Toilets and refreshments in  
Talland at the half way point

Bus service 573



Exit right from the railway station and follow the signs down Station Road to the bridge. Cross over it to West Looe, turn left and walk down Quay Road alongside the harbour. At the end of this road you will see a steep hill which curves round, walk up this hill. Caution - there is no pedestrian footpath and the road is narrow so be aware of cars.

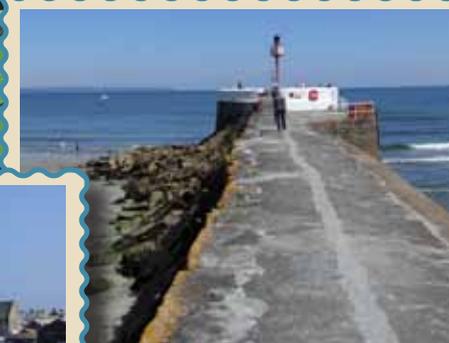
## WALKS FROM THE RAILWAY



THE BEACH, LOOE



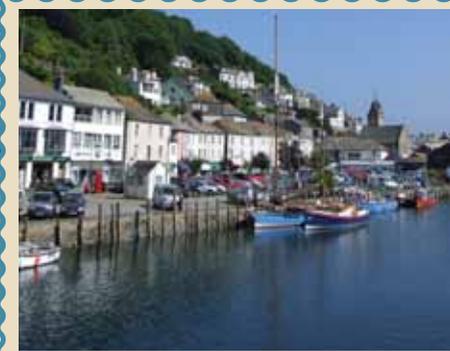
POLPERRO



BANJO PIER, LOOE



TALLAND BAY



THE HARBOUR, LOOE



At the top of the hill carry straight along Marine Drive, which has great views of St George's Island, past the café and the tennis courts. Go through the gate in the corner and on to the South West Coast Path.

Stay with the coast path until you come to Talland. Dropping steeply downhill into the car park at Talland, turn left at the Smuggler's Rest and then left again to go past the toilets.

Turn right along the tarmac path to take the Coast Path uphill towards Polperro. Do not take the path signposted Brent. Finally you will drop downhill into Polperro village.

In the village the bus stop is located at the top of the village, near the Crumplehorn Pub. There are frequent buses to Looe Health Centre, just down the road from the railway station.